



OPICA LUNCH MENU - FEBRUARY 2026 -

DATE	Monday	Tuesday	Wednesday	Thursday	Friday
2-Feb	Caribbean Chicken Curry Kiwi	Lemon Maple Salmon Bowl Orange	Creamy Lemon Broccoli Rice Pilaf Apple	Cauliflower Romesco Tangerine	Pesto Chicken Pasta Kiwi
9-Feb	Tex-Mex Turkey Rotini Orange	Calabacitas con Pollo Kiwi	Turkey Cheeseburger Hash Tangerine	Mexicali Chicken and Rice Bowl Orange	French Onion Chicken Peaches
16-Feb	Morning Glory Overnight Oats Kiwi	Cauliflower Romesco Tangerine	Chimichurri Chicken Grain Bowl Kiwi	Lemon Maple Salmon Bowl Orange	Caribbean Chicken Curry Kiwi
23-Feb	Salmon Superfood Salad Orange	Pollo Asado Tangerine	Creamy Broccoli Mac & Cheese Peaches	Yucatan Salmon Orange	Roasted Lemon Dill Chicken Peaches

