



OPICA LUNCH MENU

DATE	3-Feb	10-Feb	17-Feb	24-Feb
Monday	Lemon Maple Salmon Bowl Orange	Creamy Broccoli Mac & Cheese Apple	Yukatán Salmon Applesauce	Salmon Superfood Salad Orange
Tuesday	Pesto Chicken Pasta Orange	Pollo al Pastor Pineapple Tidbits	Veggan Yakisoba Noodle Salad Peach cup	Chimichurri Chicken Gran Bowl Orange
Wednesday	Cheesy Bean Burrito Mandarin	Mediterranean Veggies & Hummus Wrap Peach	Calabacitas con Pollo Kiwi	Cauliflower Romesco Kiwi
Thursday	Chicken Curry Kiwi	Mexicali Chicken and Rice Bowl Pineapple Tidbits	Thai Red Curry with Veggies Pineapple Tidbits	Creamy Lemon Broccoli Rice Pilaf Apple
Friday	Chicken Enchilada Rotini Peach Cup	Roasted Lemon Dill Chicken Kiwi	Chicken Burrito Bowl Apple	Tex Mex Turkey Rotini Applesauce

