



## OPICA LUNCH MENU - NOVEMBER -

DATE	28-Oct	4-Nov	11-Nov	18-Nov	25-Nov	Fruit
<b>Monday</b>	Pesto Chicken Pasta	Vegan Yakisoba Noodle Salad	Holiday	Chicken Enchilada Rotini	Pollo al Pastor	Apple
<b>Tuesday</b>	Ginger Orange Tofu Buddha Bowl	Tex-Mex Turkey Rotini	Salmon Superfood Salad	Lemon Maple Salmon Bowl	Creamy Broccoli Mac and Cheese	Kiwi
<b>Wednesday</b>	Mexicali Chicken Bowl	Salmon Superfood Salad	Calabacitas con Pollo	Pollo al Pastor	Holiday Meal	Orange
<b>Thursday</b>	Vegan Yakisoba Noodle Salad	Cauliflower Romesco	Tai Red Curry with Veggies	Creamy Broccoli Mac and Cheese	Holiday	Apple
<b>Friday</b>	Sesame Chicken Salad	Caribbean Curry Chicken	Cauliflower Romesco	Pesto Chicken Pasta	Holiday	Kiwi

*Happy Thanksgiving !*

