

### Monday, April 1

- Turkey w/ Cranberry Sauce
- Whipped Sweet Potato
- Brown Rice Pilaf
- Spinach & Strawberry Salad

### Tuesday, April 2

- Mediterranean Chicken
- Brown Rice
- Roasted Vegetables
- Cantaloupe

### Wednesday, April 3

- Turkey Breast
- Stuffing
- Butternut Squash
- Peas w/ Mushrooms

### Thursday, April 4

- Tuna Nicoise Salad
- Potato Salad
- Cauliflower
- Apple

### Friday, April 5

- Beef Fajita
- Spanish Brown Rice
- Pinto Beans
- Pineapple & Mango Cup

### Monday, April 8

- Chicken Dijon
- Mashed Potatoes
- Chopped Kale Salad
- Fresh Fruit in Season

### Tuesday, April 9

- Stuffed Bell Pepper
- Barley
- Green Beans
- Apple

### Wednesday, April 10

- Vegetable Frittata
- Lima Beans & Corn
- Spinach & Cabbage Salad
- Whole Grain Roll

### Thursday, April 11

- Korean BBQ
- Herbed Brown Rice
- Zucchini
- Pineapple Cup

### Friday, April 12

- Fish & Chips
- Roasted Sweet Potato
- Peas & Carrots
- Banana

### Monday, April 15

- Turkey or Tofu Stir Fry
- Asian Blend Vegetables
- Brown Rice
- Poached Ginger Pear

### Tuesday, April 16

- Meatloaf
- Garlic Mashed Potatoes
- Green Beans
- Cantaloupe/Orange

### Wednesday, April 17

- Caribbean Chicken
- Brown Rice Pilaf
- Broccoli
- Fresh Fruit in Season

### Thursday, April 18

- Fish Taco
- Pinto Beans & Corn
- Chopped Mixed Salad
- Corn Tortilla

### Friday, April 19

- Beef Bolognese
- Penne Pasta
- Caesar Salad
- Fruit Cup

### Monday, April 22

- Southwestern Shredded Chicken
- Pinto Beans
- Spinach Salad
- Unsweetened Peaches

### Tuesday, April 23

- Shepherd's Pie
- Mashed Potatoes
- Mixed Salad Greens
- Whole Grain Roll

### Wednesday, April 24

- Baked Fish Almandine
- Barley
- Green Beans
- Yogurt Parfait

### Thursday, April 25

- Chicken Adobo
- Brown Rice
- Green Peas
- Pineapple & Mango Cup

### Friday, April 26

- Garden Vegetable Lasagna
- Broccoli
- Caesar Salad
- Cantaloupe or Orange

### Monday, April 29

- Baked Pollack
- Brown Rice
- Mixed Veg Blend
- Cinnamon Applesauce

### Tuesday, April 30

- Cashew Chicken
- Lo Mein Noodles
- Green Peas
- Fruit in Season

- Menu subject to change  
- \$3 suggested donation

