







Monday	Tuesday	Wednesday	Thursday	Friday
10:15 Brain fitness w/Julie 11:00 <i>Flex & stretch/ Laughter yoga Wildcats social club</i> 1:00 <i>Bingo / Art w/Abby Music group</i> 2:15 <i>Tai Chi w/Iren Open Art Studio</i> 2:45 Delightful Piano w/ Malou and Moo and sing along 1	10:15 <i>Darts Spirit Builders</i> 11:00 <i>Walk & strengthen Friendship group</i> 1:00 <i>Nathalie's French Melodies Open Art Studio</i> 2:15 <i>Yoga w/Elizabeth Men's group</i> 2:45 Sing along w/Malou 4:00 Table games 2	10:15 Baseball 11:00 <i>Fit and Fabulous Laughter Yoga Story telling group</i> 1:00 <i>Tom's eclectic song-book Art w/Abby</i> 2:15 <i>Yoga w/Elizabeth Nisei group w/Juliet</i> 2:45 Piano concert w/ Malou and Moo 3	10:15 Spa Day 11:00 <i>Take control with exercise Music group</i> 1:00 <i>Lifted Voices' amazing songs</i> 2:15 <i>Tai chi w/Brian Art Lounge</i> 2:45 Sing Along w/Malou and Moo 4:00 Video 4	10:15 <i>Word Play Ladies' Lounge</i> 11:00 <i>Laughter exercise Friendship group</i> 1:00 <i>Arnel's afternoon party Art w/Abby</i> 2:15 <i>Video Art Lounge</i> 2:45 Sing along w/Malou Table games 5
10:15 Brain fitness w/Julie 11:00 Emergency Drill <i>Flex & stretch/ Laughter yoga Wildcats social club</i> 1:00 <i>Bingo / Art w/Abby Music group</i> 2:15 <i>Tai Chi w/Iren Open Art Studio</i> 2:45 Delightful Piano w/ Malou and Moo and sing along 8	10:15 <i>Little Learners Spring flowers Spirit Builders</i> 11:00 <i>Walk & strengthen Friendship group</i> 1:00 Memory enhancement with Larry <i>Open Art Studio</i> 2:15 <i>Yoga w/Elizabeth Men's group</i> 2:45 Sing along w/Malou 4:00 Table games 9	10:15 Rhythm, Song and Dance 11:00 <i>Fit and Fabulous Laughter Yoga Story telling group</i> 1:00 <i>Jeff's Jumping Piano Art w/Abby</i> 2:15 <i>Yoga w/Elizabeth Nisei group w/Juliet</i> 2:45 Piano concert w/ Malou and Moo 10	10:15 Volleyball 11:00 Take control with exercise <i>Music group</i> 1:00 Matt's Motown magic 2:15 <i>Tai chi w/Brian Art Lounge</i> 2:45 Sing Along w/Malou and Moo 4:00 Video 11	10:15 Easter Cards <i>Ladies' Lounge</i> 11:00 <i>Laughter exercise Friendship group</i> 1:00 Brian's afternoon Hootenanny <i>Art w/Abby</i> 2:15 <i>Video Art Lounge</i> 2:45 Sing along w/Malou Table games 12
10:15 Brain fitness w/Julie 11:00 <i>Flex & stretch/ Laughter yoga Wildcats social club</i> 1:00 <i>Bingo / Art w/Abby Music group</i> 2:15 <i>Tai Chi w/Iren Open Art Studio</i> 2:45 Delightful Piano w/ Malou and Moo and sing along 15	10:15 <i>Basket Ball Spirit Builders</i> 11:00 <i>Walk & strengthen Friendship group</i> 1:00 Bob & Bernie's Show <i>Open Art Studio</i> 2:15 <i>Yoga w/Elizabeth Men's group</i> 2:45 Sing along w/Malou 4:00 Table games 16	10:15 Pastel Art for Easter 11:00 <i>Fit and Fabulous Laughter Yoga Story telling group</i> 1:00 <i>Bruce's laidback tunes Art w/Abby</i> 2:15 <i>Yoga w/Elizabeth Nisei group w/Juliet</i> 2:45 Piano concert w/ Malou and Moo  17	10:15 Egg Toss 11:00 <i>Take control with exercise Music group</i> 1:00 Mike and Carol Ann's Sweet Melodies 2:15 <i>Tai chi w/Brian Art Lounge</i> 2:45 Sing Along w/Malou and Moo 4:00 Video  18	10:15 <i>Easter Story Ladies' Lounge</i> 11:00 <i>Laughter exercise Friendship group</i> 1:00 <i>Susy And Brad's Entertainment Art w/Abby</i> 2:15 <i>Video Art Lounge</i> 2:45 Sing along w/Malou Table games  19
10:15 Brain fitness w/Julie 11:00 <i>Flex & stretch/ Laughter yoga Wildcats social club</i> 1:00 <i>Bingo / Art w/Abby Music group</i> 2:15 <i>Tai Chi w/Iren Open Art Studio</i> 2:45 Delightful Piano w/ Malou and Moo 22	10:15 <i>You be the Judge Spirit Builders</i> 11:00 <i>Walk & strengthen Friendship group</i> 12:00 Passover Celebration 1:00 <i>Memory enhancement with Larry Open Art Studio</i> 2:15 <i>Yoga w/Elizabeth Men's group</i> 2:45 Sing along w/Malou 4:00 Table games  23	10:15 Rainbow Wishes 11:00 <i>Fit and Fabulous Laughter Yoga Story telling group</i> 1:00 <i>Irby swings the classics Art w/Abby</i> 2:15 <i>Yoga w/Elizabeth Nisei group w/Juliet</i> 2:45 Piano concert w/ Malou and Moo 24	10:15 Little Learners / Mind gymnastics 11:00 <i>Take control with exercise Music group</i> 1:00 Felice's Afternoon Party 2:15 <i>Tai chi w/Brian Art Lounge</i> 2:45 Sing Along w/Malou and Moo 4:00 Video 25	10:15 <i>Down Memory Lane Ladies' Lounge</i> 11:00 <i>Laughter exercise Friendship group</i> 1:00 <i>Joyful Boogie Art w/Abby</i> 2:15 <i>Video Art Lounge</i> 2:45 Sing along w/Malou Table games 26
10:15 Brain fitness w/Julie 11:00 <i>Flex & stretch/ Laughter yoga Wildcats social club</i> 1:00 <i>Bingo / Art w/Abby Music group</i> 2:15 <i>Tai Chi w/Iren Open Art Studio</i> 2:45 Delightful Piano w/ Malou and Moo and sing along 29	10:15 <i>Classics from 30's to 60's Spirit Builders</i> 11:00 <i>Walk & strengthen Friendship group</i> 1:00 Less' Magical Show <i>Open Art Studio</i> 2:15 <i>Yoga w/Elizabeth Men's group</i> 2:45 Sing along w/Malou 4:00 Table games 30	<p align="center"><i>Happy Easter!</i></p>  <p align="center">PASSOVER</p> 	<p align="center">Programs subject to change without Notice</p> <p><i>Italics denote simultaneous activities</i></p>	<p align="center">Ongoing daily activities</p> 9:00 - 10:00 Social time: meet, greet and eat 10:00 - 10:15 Warm-up 12:00 - 1:00 Lunch 2:00 - 2:15 Snack