



SUPPORT FOR ADULTS WITH MEMORY LOSS AND THEIR FAMILIES

CELEBRATING OVER 35 YEARS OF SERVICE



Living with the Unforeseen

Bob and Gail were looking forward to the next chapter of their lives. They were still young and their three daughters had finally finished college and were on their way to becoming financially independent. After dedicating so much time to raising a family, they looked forward to coming together as a couple and having an opportunity to relax, travel and enjoy the fruits of their labor.

It was late summer 2013 when Bob noticed a distinct change in Gail. She began bringing work home, she struggled to multitask and she showed less emotion and zest for life. Her once vibrant personality was seemingly flattened. There were times that Bob found her staring blankly at the computer screen. Gail's primary care physician wasn't concerned and reassured them that the changes were probably connected to menopause. But Bob was uneasy; he felt it was something else. Time passed and Gail's symptoms worsened. Unable to concentrate, she had to leave her job in the non-profit education sector. Bob listened to his instincts and took Gail to see a neurologist.

At age 54, Gail was diagnosed with early onset Alzheimer's. How could a disease associated with adults in their 70's and 80's and genetically unknown in her family happen to them?

How could a disease associated with adults in their 70's and 80's and genetically unknown in her family happen to them?

How would they tell their friends and family? From this point forward, their lives would be irrevocably changed.

Bob regrets that it took so long for Gail to be diagnosed. Unfortunately, this is often the case with early-onset Alzheimer's. It's not a disease we associate with younger adults.

A doctor at UCLA's Alzheimer's and Dementia Care program referred Bob to OPICA. Fortunately, Gail was very open to getting help. Understandably, many adults faced with a diagnosis of dementia aren't as accepting, especially at the onset. Gail joined OPICA's Brain Train, a weekly, four-hour

program specifically designed for people in the early stages of dementia. While a reluctant art student, Gail loved the current events discussions and connecting with other people. The typical Brain Train participant is at least a generation, if not more, ahead of Gail, but she didn't see the age difference as a problem. She was just happy for the opportunity to be in such an

enriching, supportive environment.

As the disease progressed, Gail transitioned to OPICA's Adult Day Program. Bob had to scale back his work hours and, in preparation for the financial burden they would soon be facing, they sold their home of over 30 years and purchased

continued on page 5

BOARD OF DIRECTORS

Mary Bomba
Chair

Teresa Riddle
Vice Chair

Scott Freeman
Treasurer

Phyllis Bellano
Secretary

Directors

Mary Baker
Bunni Dybnis
Pete England
Daniel Giesberg
Gail Holtzman
Shirley Kleiman
Joyce Leanse
Marilyn Levin
Susan Pomerantz
Sheri Samotin
Marty Stevens-Heebner
Paula Stoeke
Barbara Weinstock
Jerry Weissman

Emeritus Members

Deborah Guvreau
Shila Hazan
Gee Martin
Kathleen McCann
Keith McCoy
Rita Williams (*founder*)

Advisory Council

Teresa Bond
Michael Broida
Eric Bruck
Ann Bryce
Rabbi Kenneth Chasen
Sheila Goldman
Barbara Hament
Noah Hass-Cohen
Frumeh Labow
Terry Magady
Janet Morris
Daniel Plotkin
Gail Santucci
Michael States
Ranlyn Tilley Hill
Paul Wishingrad
Diane Wolf

In Memoriam

Richard Giesberg
Joseph Kleiman
Yung-huo Liu (*founder*)
Brian Manion
George Pollinger
Louis Reisman
Bernard Segelin
Milton Tepper
Bob Willard
Ted Williams (*founder*)

OPICA's roots run deep. If we have omitted the name of an OPICA Board Member who has passed away, please let us know so that we may include them in future publications.

A Message from the Board Chair



Dear Friends of OPICA,

One day I had the pleasure of observing a meeting of the OPICA Brain Train. Three men and three women, one Marriage and Family Therapist, and two interns were gathered around a table talking about connections. Spread on the table before them was a large sheet of paper and an assortment of colored markers.

One by one, the participants picked up a marker and told about someone with whom they had a connection. A

well-dressed gentleman spoke of his wife. An Asian-American woman spoke of her daughter. When she couldn't remember how long she'd been living with her daughter, the gentleman suggested, "A long time." "Yes, that's right," she said. As she tried to find words for the way she felt about her daughter, the gentleman offered, "You are blessed." "Yes, I am," she replied. "Thank you, sir."

There was a man with a Southern accent at the table who spoke of spending his early years in Florida, but he couldn't remember what part. "Just Florida!" he said. But as stories were traded around the table and the paper filled with a colorful web of connections to family and friends, he remembered the time when his mother was holding him on a dock and they both fell in the water and his brother and sister jumped in to rescue them. Where did it happen? "Pensacola!"

How wonderful, I thought. How wonderful that the well-dressed gentleman had an opportunity to be chivalrous. When was the last time someone had said to him, "Thank you, sir." The Asian-American woman was able to share the gratitude she felt for her daughter. And the Southerner was able to cap his tale with the beautiful word, "Pensacola."

What I had seen was individuals being themselves—kind, grateful, funny—at a time when memory loss was making it harder for them to stay connected with who and what they had been in the past. Connections. The thoughtfully chosen topic, expertly facilitated by OPICA staff, led to a celebration of identity, of love, of new friends in the making.

If you know of someone in the early stages of memory loss, please let them or their family know about the OPICA Brain Train. And thank you for being part of the network of friends that makes the OPICA Brain Train possible. That's another beautiful word: "OPICA!"

A handwritten signature in black ink that reads "Mary Bomba". The signature is written in a cursive, flowing style.

Mary Bomba

A Message from the Executive Director

I would like to personally thank our families and charitable foundations for their support which has enabled OPICA to make exciting new changes. OPICA continues to make plans for continued improvement including the streamlining of our administrative operations with software that will enhance our personal care management.

You may notice that OPICA has a new logo. We've kept the image of a sheltering tree, but we've articulated the individual leaves. Each leaf is distinct; representing the comprehensive yet personalized services we offer our members and their families.



OPICA's new tree is a thriving tree. Its fresh look is in keeping with our belief that adults with memory loss can continue to grow, discovering new gifts like art-making and storytelling, or reviving former passions like music and dancing. Our members make new friends, and their families find unexpected blessings amidst the challenges of memory loss.

Hidden from view are the strong roots of our tree—which are you, our friends and donors. Without your support OPICA would not have grown from the seed planted by visionary founders Yung-huo Liu, Rita Williams, and Ted Williams into the leading adult day program and counseling center it is today.

We invite you to explore our updated website at www.opica.org. With the financial support of the Gogian Foundation, we have enhanced our reach using social media. Please visit our Facebook, Twitter and Pinterest sites (identified as [opicacenter](#)) for blogs, program opportunities and educational articles. We continue to explore opportunities for collaborations that will enhance our programs and services.

Sincerely,

A handwritten signature in black ink that reads "Mary Michlovich". The signature is written in a cursive style and is positioned below the word "Sincerely,".

Mary Michlovich

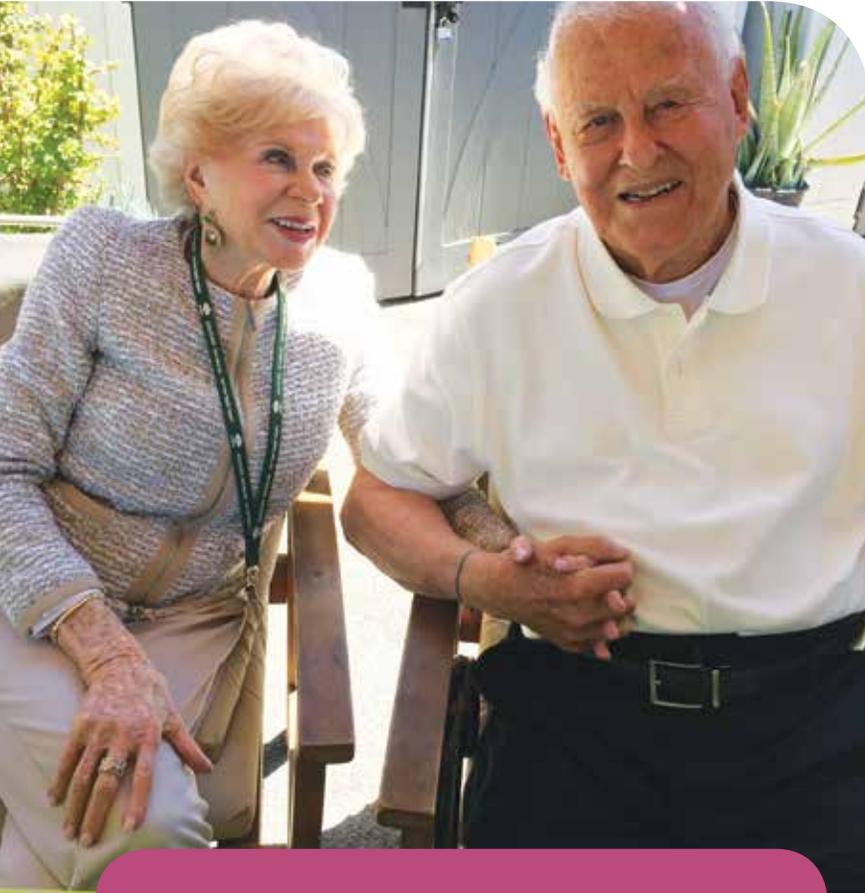
OPICA

As the first Adult Day Program and Counseling Center in Los Angeles, OPICA (Optimistic People in a Caring Atmosphere) has been serving adults challenged with memory loss and their families in the West Los Angeles area for more than 35 years. OPICA provides comprehensive programming specifically focused on all stages of memory loss in a nurturing environment. Offerings include cognitive stimulation activities, such as therapeutic art and music, brain fitness, counseling, education, and the OPICA Brain Train early memory loss program. Through on-site and select satellite programs, OPICA fills a critical need as one of the leading nonprofit community-based organizations focused solely on memory loss.

AN OPICA *Love Story*

It began with simply holding hands. Today, Morton and Misty are an OPICA fixture, participating in activities together or relaxing side-by-side on the patio swing.

Morton began coming to OPICA in 2013. Always pleasant and rarely agitated, he was content observing activities from the sidelines. When asked to join in he'd politely decline, "No, thank you, I'm happy sitting outside." He



WHILE OUR LOVED ONES MAY UNDERGO CHANGES WITH THE PROGRESSION OF DEMENTIA THEY ARE STILL CAPABLE OF FINDING JOY IN LIFE

could be cajoled for lunch and afternoon music but more often than not he would be back on the patio. Enter Misty, a very attractive woman, impeccably dressed including special attention to her hair and make-up. Living in Los Angeles over 50 years, Misty was still of the mind-set that there is just one city to live, Manhattan.

Misty first came to OPICA as a member of OPICA's Brain Train, a program for early stage memory loss, and didn't meet Morton until she transitioned to join the Adult Day Program. Misty was becoming more withdrawn, often complaining of stomach pains and headaches. While previously interested in the music and exercise programs she seemed no longer excited to come to OPICA.

Since finding each other, Morton and Misty spend most their time together. Misty's attendance is more consistent and her physical complaints have decreased, while Morton participates in exercises and activities even if Misty isn't attending on that particular day.

That two people become fast friends while attending OPICA isn't that uncommon. What makes Misty and Morton's story special is that their friendship has expanded beyond OPICA's Adult Day Program. With the help and participation of their families, they've gotten together on the weekends, for coffee, a dinner and recently went to the theater.

We all understand the healing power of love regardless of age but the special relationship that's developed between Misty and Morton goes further. It validates OPICA's overriding message, that while our loved ones may undergo changes with the progression of dementia they are still capable of finding joy in life.

We are happy that Misty and Morton have found each other, each allowing the other to be his or her better self (we're also grateful that both Misty and Morton were single at the time).

Living with the Unforeseen *cont. from cover*

a condominium nearly one-third its size. When asked if he would have moved if Gail wasn't sick, he readily says "No." Without anger, he followed with, "I'm just grateful that Gail handled the move so well. When she sees the paintings from OPICA's Art Show [a group painting that she and her Brain Train friends created together] hanging in our new home, it makes her happy."

When asked how he's holding up, Bob confessed, "I feel love-starved. Conversation with Gail was such a big part of our love and now it's just lonely." While their daughters and friends are there for him and supportive in so many ways, on a day to day basis, he's on his own.

"This is a devastating disease. It changed everything forever for her, me and our entire family. OPICA has softened the change, offering comfort and enrichment."



Support OPICA Today and Into the Future

There are many different ways to support OPICA, but a legacy gift will allow future generations of seniors to receive the same exceptional care provided to our members today. When you designate OPICA as a beneficiary of your estate, your enduring legacy honors yourself and your family. Your single action has the power to change lives. A special thank you to Mary Bomba, Shila Hazan, Marilyn Levin, and Sheri Samotin who have recently joined OPICA's Legacy Society.

For more information about Planned Giving, contact Stacey Barrett (310) 478-0226 or Stacey@opica.org

Why Families Choose OPICA

- Personalized support for the whole family
- Comprehensive set of programs and services
- Expertise critical for memory loss care
- Activities tailored to individuals' impairment level



Forget-Me-Not Luncheon

Recognizing **Susan Disney Lord** with the Founders' Award

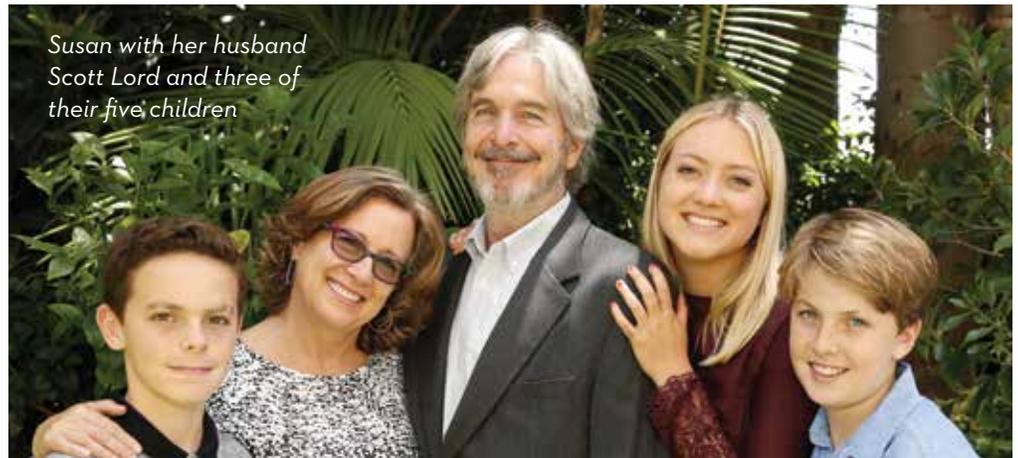
Friends, family and colleagues gathered at the Four Seasons Hotel on June 16th to honor a very remarkable woman, Susan Disney Lord for her contributions to improve the lives of individuals and their families coping with memory loss. A special thank you to everyone; your support made this year's luncheon a beautiful and memorable tribute to Susan.



*L-R Mary Bomba,
Susan Disney Lord
and Mary Michlovich*



*L-R Barbara Weinstock and
Ros Goldstine*



*Susan with her husband
Scott Lord and three of
their five children*



L-R Cheryl Krauss and Erika Korda



L-R Rita Williams and Dorothy Essick



*L-R Martha Hackett, Susan Disney Lord and
Leslie Lichtenstein*



L-R Claudia Golden, Susan Disney Lord and Sarah Bowman



L-R Pete England and Norma Laine



L-R Susan Disney Lord, David Elsky and Mary Bomba



L-R Dr. Helena Chui and Harold Foonberg



L-R Susan Galeas, Susan Disney Lord and Dr. Debra Cherry



L-R Susan Disney Lord and Teresa Riddle



L-R Gail Holtzman and Janis Simon



L-R Joyce Leanse and Annette Shapiro



L-R Gemma Corfield and Janis Hirsch



L-R Jean Leserman, Virginia Bohrer and Gloria Koenig



L-R Kathleen McCann and Sr. Therese Zimmerman SCL.



L-R Shila Hazan and Mickey Howard

OPICA gratefully acknowledges the essential support of individual donors and foundations whose generosity enables OPICA to provide programs and services to help adults with memory loss and their families. The following list of donors includes donations received during OPICA's previous fiscal year, starting July 1, 2015 and ending June 30, 2016.

\$50,000 Plus

Archstone Foundation
S. Mark Taper Foundation
May and Stanley Smith Charitable Trust
Ralph M. Parsons Foundation
Weingart Foundation

\$25,000 to \$49,999

Disability Communications Fund
John Gogian Family Foundation
The Ring Foundation

\$10,000 to \$24,999

Anonymous Foundation
California Communications
Access Foundation
Abigail Disney and Pierre Hauser
Morris A. Hazan Family Foundation
Shila Hazan
Tom and Barbara Leanse
John Levi, Jr.
Lon V. Smith Foundation
Scott Lord and Susan Disney Lord
Judy Richman
Sam Birnkrant Foundation

\$5,000 to \$9,999

Debbie Attanasio
Friars Charitable Foundation
Ruth Potts
William and Leah Molle Fund
Susan Howard

\$2,500 to \$4,999

Alzheimer's Foundation of America
Robert and Mary Baker
Belmont Village Senior Living
Mary Bomba
Sarah Bowman
Helen Dos Santos
Pete England
Susan Galeas
Ilene Gold
Martha Hackett
Warren Jackson and
Jackie Phillips-Jackson
Sarah Korda
Marilyn Levin
Resolution Escrow, Inc.
The Polinger-Cohen Charitable Foundation
Patricia Polinger-Cohen
Sari Polinger
Thomas Polinger

\$1,000 to \$2,499

Janet Arenberg
Susan Armistead
Phyllis Bellano
Gina Brouman-Sacks
Helena Chui
Tim Disney
Lauren Fite

Harold Foonberg
Scott Freeman
Josh and Beth Friedman
Daniel Giesberg and Carol Lifland
Abner and Roslyn Goldstine
Earl Greinetz
Barbara Hament
Morris A. Hazan Family Foundation
Bucky Hazan
Gail Holtzman
Susan Katz
Jerry and Patty Kaye
Tom Keyser
Norma Laine
Joyce Leanse
Don and Ann Levin
Kathleen McCarthy Kostlan
Keith McCoy
Mary Michlovich
Milken Family Foundation
Peter Morton
Bettina Tendler O'Mara
Ortiz Printing & Graphics
Anne Osberg
Sue Pomerantz
Providence Saint John's Health Center
David and Karen Richards Sachs
Sheri Samotin
Jackie and Charles Schwartz
Annette Shapiro
Ralph and Shirley Shapiro
Barry and Lynn Speyer
Marty Stevens-Heebner
Brenda Weinstock
Jerry and Judith Weissman
Westside M.A.P.S.
Wayne Williams
Marilyn Ziering

\$500 to \$999

Allan Anderman
Eli and Edye Broad
Marcia Burnam
Judy Carroll
Emily Carvill and Laurence Morris
Tom and Joan Dunsmuir
Bunni Dybnis
David Elsky and Pat Dunay
Steve Fessler
Eileen Garrison
Claudia Golden
Arthur Greenberg and Elaine Hoffman
Ann Hammond
Helga Hanelin
Edith and Mickey Howard
Shirley Kleiman
Joel Landon
Elizabeth Lees
Karen and Mark Liberman
Nicola Lubitsch
Dennis Lyday
Heidi Magner

Connie Martinson
Gary Miller
Candy Mintz
Dan and Teresa Murphy
Phyllis Myers
Steven and Veronica Nessim
Sylia Obagi
Laura Ornest
Teresa Owens
Marianne Perls and Stuart Miller
Larry and Joyce Powell
Joanie Reisman
Ronald and Ellen Reisner
Harvey H. Rich
Ron and Teresa Riddle
Janet Rosenblatt
Ephraim and Joan Sales
Britta Schramm
Mel and Barbara Schwimmer
Ralph and Susan Treiman
UCLA Division of Geriatrics
Nella A. Webster
Eunice White
Bert Woodruff and Barbara Bilson
Wendy Yano
Dr. Thomas and Catherine Yoshikawa
Diane and Michael Ziering

\$250 to \$499

Roberta Allen
Paul Beck
Linda Behar
Cecile Benson
Estee Bienstock
Ken and Ellen Bloch
Virginia Bohrer
Christopher Bomba and Robbie Trombetta
Lana Brody
Michael Broida
Jeanne Brown
Katherine Brown-Saltzman
Linda Cao
Ruth Center
Gary and Phyllis Chase
Sheryl Colby
Roy and Doris Danchick
Andrea Daniels
Christina Davidson
Bonnie Davis
Jo Davis
Helen Desmond
Asad and Dilek Durrani
Deborah and Scott Early
Sam and Dorothy Essick
Shirley Familian
Randi Firestone
Robert and Patricia Fox
Kathleen Galli
Stacy Gallin-Brooks
Joanne Garris
Bob Gerstein and Jane Rubin
Priscilla and Nelson Gibbs

Tina Gittelson
Stanley and Jackie Gottlieb
Francine Gray
Cynthia Hahn
Theodore Hahn
Sidney and Irene Howard
Susan Howard
Dorothy Imai
Diane Kageyama
Eunice Kaplan
Elise Karl
Erika Korda
Cheryl Krauss
Alvin and Gloria Lanfeld
Mimi Latt
Jean Leserman
Shirley A. Levine
Bob Levy
Irene Lieberman
Charles and Alison Lifland
Joan Linden and Steve Schneider
Rita Loew
Janet Lonner
Susan Marlow
Marjie Mautner
Iris Maybloom
Arthur and Ann Mazirow
Leah Mendelsohn
Jerry and Joy Monkarsch
Art and Daniele Ochoa
Pui Otero
Alice Parrish
Steven and Licia Paskay
Lauren Peng
Violette Peters
William and Sharon Phillips
Barak Raviv
Dr. Gail Greendale and Dr. David Reuben
Howard and Matilda Rubin
Kenneth and Wendy Ruby
Sandy Savett
Toni Schulman
Charlotte Schwartz
Gayla Scoll
William Shavelson
Lauren Shuler and Dick Donner
Sharon Siefert
Alan Sieroty
Mallory Sobel
Pamela Springsteen
Natalie Stanger
Sr. Kathy Stein, CSJ
Clara Steingold
Terry Taketa
Ann Weinman
Dave and Brenda Winter
Werner and Mimi Wolfen
Fari Yashar
Sr. Therese Zimmerman, SCL

\$100 to \$249

Elizabeth Abramowitz
Andrea Ackerman
Arline Agay
Abdulla and Shirley Ahmed
Julie Akita
Lindsay Albert
Lisa Alexander

Albert and Barbara Algaze
Donald and Lynne Alschuler
Diane Alvy
Brooke Anderson
Anonymous Donors
Alice Arenberg
Shirley Ashkenas
Courteney Bailey
Ishara Bailis
Doug Baron
Stacey Barrett
Denise Barta
Diane Bass
Darlene Bassett
Faith Bearchell
Michael and Michelle Bennett
Lanie Bernhard
Judith Bernstein
Margaret Black
Leo and Dorothy Braudy
Bennett and Ruth Brown
Richard and Sandra Brown
Dr. Saul Brown and Helen Reid Brown
Jane Buckingham
Juliana Carner
Gail Carson
Beverley Clarkson
Ruth Coleman
Gary and Jean Concoff
Chris and Nancy Cooper
Gemma Corfield
Maria Cortez
Rhea Coskey
Renee Cronenwalt
Ed and Joan Dasteel
Eugene and Sherrill Davis
Paul Deitch
Marian DeWitt
Charlene Elgart
Sheila Ellman
Elizabeth English
Aaron and Sari Eshman
Carolyn Fasteau
Marlene and Dana Fedderson
David and JoAnn Fellner
Kathy Fergen
Seymour Feshbach
Rachel Rae Finegood
Linda Fleischman
Gladys Fogel
Ileana Foote
Pepper Forest
James Foster
Robert and Isabelle Fox
Patricia Frandson
Marolyn Freedman
Alan Friedenber
Jerry Friedman
Judy Friedman
Cookie Galanti
Susan Gallick and Jonathan Post
Marilyn Garber
Kathy Gaydowski
Renee Geffen
Marilyn Geffeney
Jennifer Geiling
Michael Geisser
Addy and Richard Gibbs

Alexandra Giesberg
Susan Giesberg and David Lappen
Sharon Giglio
Larry and Marlene Gilbert
Rochelle Ginsburg
Eveline Ginzburg
Nina Glazer
Laurie Glover
Neil and Carol Goldberg
Anne Goldfarb
Melissa Goldman
Sheila Goldman
Linda Goldman-Ofer
Kathleen Goldner
Susan Gonsalves
David and Karen Gonzalez
Frances Goodman
Sylvia Goodman
Fred and Phyllis Gottlieb
Jerry Gottschalk
Flo Grace
Leroy and Margaret Graymer
Sibylle Grebe
Denise Greskoviak
Richard and Lois Gunther
Gretchen Haight
Janet Halbert
Mike and Skip Halloran
Carol Halperin
George Harbison
Donald and Lee Harnish
Marlene Harrison
Al Harutunian
Paul and Diane Hayden
Ruth Herman
Maureen Herwood
June Hillman
Naiby Hilton
Marcia Hines
Lillian Hirai
Janis Hirsch
Dieter and Eva Holberg
Willard and Deloris Horwich
Dan and Barbara Horwitz
Patti and David Israel
Jeff and Racquel Jacobs
Lissy Jarvik
Charlotte Jepson
Ilene Judge
Hiroshi and Betty Kageyama
Ruedi and Holly Kaspar
Dori Katz and Andy Gold
Mimi Kaufman
Susan Kaufman
Sara Kaye
Susan Keane
Edythe Kenton
Ann Kerr
Paul and Susanne Kester
Sandra King
Barbara Kingston
Nancy Kligerman
Bob and Gloria Koenig
Helen Kozberg
Carol Kulencavich
Luis and Lee Lainer
Ann Reiss Lane
Phyllis Lapin

Ila Lauter
Eleanor Leanse
Jin Lee
Jonathan
and Shelah Lehrer-Graiwer
Charlotte Lerchenmuller
Robert and Johann Lesser
Ursula Levi
Susan Levich
Victor and Alexandra Levine
Alexandria Levitt-Muzquiz
Robert Levor
Alan and Barbara Levy
Patricia Lewin
Leslie Lichtenstein
Ruth Linnick
Judi Lippe
Lorraine Lubner
Elenore Luckoff
Meyer and Doreen Luskin
Helen Maler
Elaine Maltzman
Varda Marlow
Mercedes Marquez
Kathleen Bonann Marshall
Marion Marsh-Goldenfeld
Shirley Matilla
Kathleen McCann
Cathy McGurk
Kathleen McNamara
Jean McNeil Wyner
Jeffrey Mednick
Janet Miller
Marie Millman
Chris Milton
Maggie Minenko
Beverly Mintz
Shirley Mantell Friedman
Lewis and Jane Morgen
Mitsuko Nagano
Gail Natzler
Mary Neale
Cliff and Sarah Nelson
Freda Nessim
Nicole Netanel
Patty Newmark
Len Nguyen
Nelly Nigro
Patrick and Gloria O'Brien
Elliot and Elisa Olson
Debra Parr
Carolyn Perry
Susan Peterson
Rachael Platt
Joel Polachek
Lucille Polachek
Kay Polster
Ann Powell
Mavis Presler
Tina Pukonen
Linda Radell
Irene Ribner
Shirley Roberts
Ann Ross
Jack Roth and Elana Cohen-Roth
Charlotte Rubin
Judy Rubin
Daniel and Patricia Ryan

Frances Saito
Janet Salter
Jeffrey Saltsman
John Sandbrook
Jennifer Sawday
Henry Scheinberg
Johanna Schor
Elin and Steven Schwartz
Karen Schweibish
Dena Schwimmer
Josie Scibetta
Freddi Segal-Gidan
Leon Segan
Lois Sherman
Phyllis Siegel
Marianne Sierra
Betty Sigoloff
Charles and Louise Silverberg
Sue Silverman
Robin Silvers
Judge Thomas and Jessica Sipkins
Bernice Skorneck
Gail Spear
Elizabeth St. Clair
Debora Stein
Marilyn Stern
Phyllis Stern
Heath Stewart
Paula Stoeke
Natalya Stone
David Sugarman
Reny Sultan
Shauna Swart
Martin and Ethel Taft
Douglas and Linda Tamkin
Marjorie Taylor
Jennifer Tidstrand
Cindy Tress
Leona Van Scoyk
Victoria Van Zandt
Hedy Vanderluit
Elka Weiner
John and Cyrille Weingarten
Pat Weinstock
Andrea Werlin
Laura Werlin
Barbara White
Andrew Willard and Cynthia Joyce
Ralph and Renee Winkler
Robert and Joyce Wolf
Diane Wolfberg
Edward Wolfman
Jae Wu
Klara Zimmerman
Natalie Ziontz
Rachelle Zukerman

Up to \$100
Charlotte Abrams
Thomas and Sarah Adams
Lisa Alkofer
Patricia Anderson
Greg and Yael Gilad Apt
Marjoly Asher
Marilyn Athey
Irene Baron
Nancy Barth
Marilyn Blacker

Martha Bredon
Bea Breslaw
Mary Ruth Brown
Michelle Byer
Nancy Carter
Robin Clooney
David Cohen
Tom and Denise Colajezzi
Marjorie Cole
Dvorah Colker
Anne Dachs
Jennifer Loew and Andy Davis
William Deutsch
Helen Devor
Stanley and Lois Diamond
Esme Douglas
Kenneth Dribin
Jack Edelstein
Estelle Elinson
Nancy Federman
Abby Fels
Martha Felton
Susan Freeman
Mitch Friedman and Beth Botansky
Richard and Harriet Friedman
Carrie Gabriel
Roberta Gillerman
Marty and Susi Goldberg
Raymond Goldstone
Sherrie and Alan Goodman
Elaine Gottesman
Rosalie Gotz
Linda Grant
Trudi Green
Alan and Susan Greenberg
Lee Hahn
Saul and Ruth Haimowitz
Elizabeth Hecht
Stephen and Lisa Hillman
Chita Henning
Ryan Kantor
Leonard and Gail Kaplan
Nicole Kaplan
Marge Karney
Sharon Kawakami
Mel and Stephanie Kay
Julie Kern
Charles and Annette Kleeman
Sherrie Kramer
Paul Lapidus
and Lindasue Marshall
Susan Lerner
Jo Ann Lesser
Eleanor Levine
Shoshana Levine
Nancy Levinson
Ellen Lewis
Larry Liebenbaum
Elizabeth Lira
Jean Loew
Jonathan Loew
Nina Lovaas
Rita Lowenthal
Elaine Lubkin
Dana Maltz
Tobyann Mandel
Janet Mann
Phyllis Margolis

Eisha Mason
Joan Mason
Marie Mendivil
Larry and Vicki Miceli
Linda Mosley
Doreen Naylor
Esther Netter
Marvin and Patricia Osman
Sophie Papel
Neil Persky and Sandra Sadikoff
Lea Pipes
Charles Polep
Fred and Sue Preis
Spencer Preis
Gary and Joyce Rifkind
Les and Diane Riman
Mark Romoff, M.D.
Richard and Anne Rose
Sherry Rosen
Marlene Rotblatt
Eleanor Rothenberg
Jane Saito
Midge Sanford
and Peter Broderick
Kelly Schiffer
Estelle Schneiderman
Harold and Veronica Schwartz
Bernard and Masha Schweitzer
John Seiber
Pearl Seidman
Morey and Lois Sein
Ramona Selby
Nancy Shimotsu
Bob and Mary Sikonia
David and Roberta Slavitt
Ruth Snyder
Andrea Sossin-Bergman
Frances Stein
Gary and Sandra Stern
Luisa Stern
Michael and Judy Stern
Gloria Stone
Kimberly Stone
Stacie Stukin
Jane Takayama
The Youth Movement
Against Alzheimer's
Marjorie Throne
Linda Toth
James Varga
Tom and Karen Wagener
Irene Weinrot
Joan White
Joan Wilner
Naomi Wolfe
Chris Zardeneta
Melanie Zucker

Tributes and Memorials

OPICA Tribute Cards honor, commemorate, and recognize life's most important events with a unique message of care and compassion. We express appreciation to the individuals listed below who contributed to OPICA in the form of a tribute between January 1 – June 30, 2016

IN CELEBRATION OF

Barbara Bennett's Birthday

Andy Davis & Jennifer Loew

Rhea Cosky's Birthday

Barbara Weinstock

Daniel Giesberg's Birthday

Alexandra Giesberg

The Life of Georgi Marshall

Emily Carvill & Laurence Morris

Mal Sobel's Birthday

David Cohen

Edward Wolfman

IN HONOR OF

Mary Baker

Esme Douglas

Judi Lippe

Phyllis Bellano

Beverly Mintz

Tom Dunsmuir

Thomas and Sarah Adams

Joel Scott Landon

Dan Giesberg

Deborah and Scott Early

Dennis Glauber

Barbara Weinstock

Shirley Kleiman

Renee Geffen

Janet Salter

Joyce Leanse

Rochelle Ginsburg

Tom and Barbara Leanse

Laura Ornest

Marilyn Levin

Susan Lerner

Ralph and Shirley Shapiro

Malou

Maria Cortez

Keith McCoy

Jean Loew

Mary, Carmen, Mary Ann and Katherine Michlovich

Joyce Leanse

Ron and Ellen Reisner

Bob Gerstein & Jane Rubin

Teresa Riddle

Phyllis Margolis

Esther Shapiro

Esther Netter

Ronnie & Harold Shwartz 60th Anniversary

Rita Loew

Mallory Sobel

Ryan Kantor

Henry Scheinberg

Ted and Rita Williams

Wayne Williams

IN LOVING MEMORY OF

Gail Anderman

Allan Anderman

Richard and Middie Giesberg

Barak Raviv

Aron Goldberg

Marlene Rotblatt

Steven Horrell

Howard and Matilda Rubin

Bill Ison

Phyllis Bellano

Carolyn Fasteau

Dori Katz & Andy Gold

Naomi Wolfe

Leon Kassorla

Phyllis Bellano

Martin Raul Lubner

Lorraine Lubner

Mary Lyday

Raymond Goldstone

Georgi Marshall

Robert and Mary Baker

Mary Bomba

Daniel Giesberg & Carol Lifland

Anne Goldfarb

Ann Hammond

Gail Holtzman

Joyce Leanse

Alan and Barbara Levy

Larry and Mary Michlovich

Bill Rosendahl

Larry and Mary Michlovich

Lillian Roth

Susan Giesberg & David Lappen

Edythe Shavelson

William Shavelson

Chuck Shortwell

Gary and Joyce Rifkind

Richard and Anne Rose

Mary and Bob Sikonia

Arnold Stone

Bob Foote

Ileana Foote

James Foster

Jennifer Geiling

Nina Glazer

Sherrie and Alan Goodman

Sylvia Goodman

Linda Grant

Julie Kern

Fred and Sue Preis

Spencer Preis

Ronald and Ellen Reisner

Sherry Rosen

Kelly Schiffer

Lois Sherman

Andrea Sossin-Bergman

Heath Stewart

Kimberly Stone

Natalya Stone

Stacie Stukin

Marjorie Throne

Leona Van Scoyk

Melanie Zucker

Dr. Ted Wallace

Arline Agay

Joan Wilner

David Weltman

Howard and Matilda Rubin

Ernest Joseph White

Les and Diane Riman

Constance Wustman

Alan and Barbara Levy



OPICA Adult Day Program and Counseling Center

11759 Missouri Avenue
Los Angeles, CA 90025

(310) 478-0226
www.opica.org

Adult Day Program Hours:

9:00 a.m. – 4:00 p.m.
Monday – Friday

Counseling Center Hours:

8:30 a.m. – 7:00 p.m.
Monday – Friday

Presorted
Standard
US Postage
PAID
Permit #4330
Los Angeles, CA



Beyond Alzheimer's, the Artist Within

OPICA's 7th Annual Outsider/Insider Art Show will be held on Saturday, September 17th. Please join us for an afternoon of entertainment and refreshments where OPICA artists will proudly present their paintings to family, friends and members of the community.

OPICA innovatively meets the need of individuals and families dealing with dementia. Central to our programming is nurturing our members' creativity. In a supportive art studio environment, our members are

encouraged to experiment with an assortment of art materials in a fun, engaging and meaningful way. Through the art-making process, participants often gain confidence to try new media, sometimes uncovering talents they never knew existed. In addition to expanding their ability to think creatively, the social aspect of the group helps decrease isolation, stress and depression and fosters a sense of community which can lead to an overall improvement in quality of life.

WHEN AND WHERE

September 17, 2016

2:00 – 6:00 pm

Bergamot Station

**2525 Michigan Avenue, A-6
Santa Monica, CA 90404**

*Proceeds from artwork
sold benefits OPICA's
Counseling Center*

